



Dacorum DSPL Area 8 are pleased to present

# Time Out for ADHD and ASD

**A free 6 week course for parents and carers of children aged 5-14  
run by specialist ADHD/ASD trainers from ADD-vance**

This 6-week course is designed to meet the needs of parents/carers and to help them build on existing skills in supporting their children with ADHD and ASD

**Thursdays: 25<sup>th</sup> February – 31<sup>st</sup> March 2016  
10am – 12 noon**

**Gade Community Room  
c/o Chaulden Junior School,  
School Row,  
Hemel Hempstead  
Herts HP1 2JU**



**For bookings or for more information about the course please complete  
the application form on the ADD-vance web site:**

**[www.add-vance.org](http://www.add-vance.org)**

**Places are limited – please book early to avoid disappointment!**

**Please note that this course is only open to Dacorum residents**