



Greenway Health & Wellbeing Survey 2017

Survey Response Data

The objective of the 2017 Health & Wellbeing survey was to revisit questions from the last PE / Sport survey conducted in 2013 to identify key trends and shifts in behaviour as a result of the additional sports resource that has been invested in Greenway over the last three years. The survey also incorporates six key questions from the annual pupil questionnaire and hence replaces the annual pupil/parent questionnaire for 2017. The survey was conducted online via Survey Monkey, it was sent out on the 21st April and was open to pupils in all years.

A total of 255 surveys were received and of these, 31 surveys only included answers to the first 3 questions concerning name, gender and year group and were therefore discounted from the sample pool. The resulting total number of surveys used in the analysis was therefore 224. This represents 64.2% of all Greenway children (349 Greenway pupils).

A 64% return rate is excellent and means that the survey findings can be accepted as reliable with a good degree of confidence. Although the sample size is strong there must be some caution that children who enjoy and are confident about their sport, would have been more likely to complete the survey than those who do/are not.

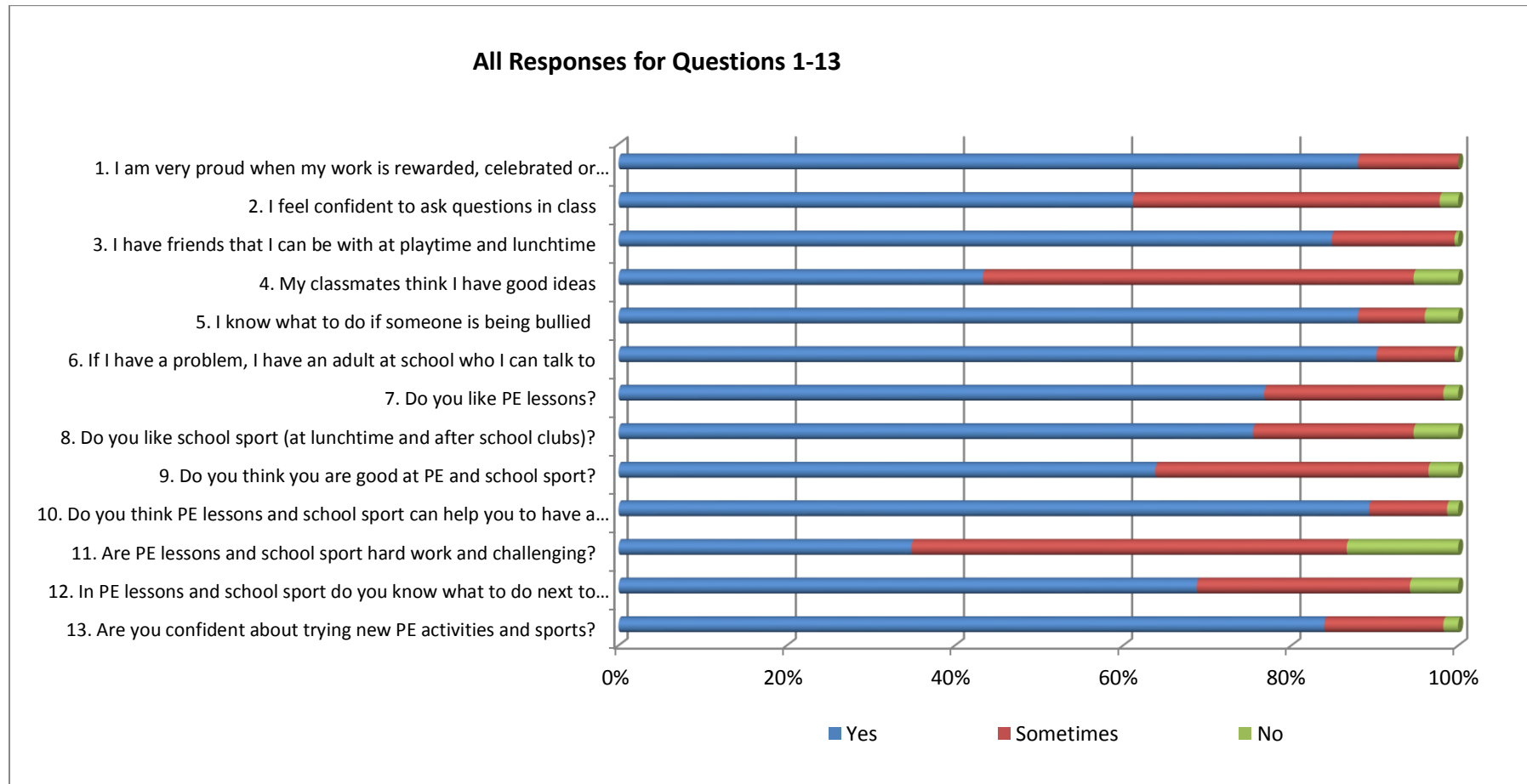
The table below shows the number of surveys received per year group and the percentage response per year (ie, the % of the class that responded to the survey). There are variations in the number of responses by class as per the table below. The highest percentage response was from Year 2, Year 1, Year 4 & Year 6 with the lowest response received from Reception and Year 3.

Survey Responses by Year, Class and Gender

Year group	Boys	Girls	Response (n)	% Response
Nursery	7	6	13	65
Reception	11	5	16	53
Year 1	11	13	24	71
Year 2	15	8	23	77
Year 3	6	9	15	53
Year 4	21	39	60	68
Year 5	14	19	33	56
Year 6	21	19	40	68
Total	106	118	224	64

Analysis of Questions 1-13

The results for each individual year group are shown in Annex A. These graphs show that although the numbers change year by year, the profile for all years is generally very similar. The year-group bar charts (Annex A) and the summary one for all years (shown below), illustrate the following analysis.



Question 1 – I am very proud when my work is rewarded, celebrated or displayed at school

An outstanding 100% of the children responded with a 'Yes' or 'Sometimes' to this statement and said that they are very proud when their work is rewarded, celebrated or displayed at school. The majority (88%) gave a 'Yes' response which is a significant improvement on the results from the same question in last year's survey (83%). This data shows that for the majority of children, recognition is really important to them.

The survey showed that generally girls (91%) are more likely than boys (85%) to provide a 'Yes' response to this statement. The response to this question elicited one of the highest gender differences across the survey. The least highest 'Yes' response (but still achieving a majority) was in Year 3 (67%). There were no negative responses to this question which is a great improvement from last year's survey where there were fifteen negative responses to the statement.

Question 2 – I feel confident to ask questions in class

Most of the children (61% overall) say that they feel confident to ask questions in class which is a significant increase from the 48% of pupils that responded 'Yes' to this statement in 2016. In last year's survey there was a relatively even split between those who gave the highest positive response, 'Yes', (48.2%) and those who gave the second positive response, 'Sometimes' (44.8%). However in this year's survey the response is more positive – 'Yes', (61%) and those who gave the second positive response, 'Sometimes' (37%).

The lowest positive responses to this question came from Year 1 (46%) and Year 4 (47%). Interestingly the Year 4 cohort in the 2016 survey (whilst in Year 3) elicited a similar response of 33% to this question in the survey last year. This cohort has shown a slight increase in confidence over the last year but it still remains one of the lowest across all years.

In the 2015 survey there was a clear trend that as children became older they felt they were less confident to ask questions in class. That same trend was not evident in the 2016 survey or this year's (2017) data.

Question 3 – I have friends I can be with at playtime and lunchtime

An overwhelming majority of pupils (85%) say that they do have friends they can be with at playtime and lunchtime which is an increase from last year's Pupil survey (80%). The responses to this question show that boys are marginally happier (87%) with their friendship at school groups at playtime and lunchtime than girls (83%). There was only one child who selected 'No'; a girl in Year 3 however this is a very positive comparison to the nine children who selected 'No' to this question in the 2017 survey.

The chart in Annex A shows that the highest 'Yes' response came from Year 5 (91%) and Year 6 (95%). The lowest response was elicited from Year 3 (67%). Interestingly this cohort in the 2016 survey (when in Year 2) also elicited the lowest response to this question (62%). The data shows that it is generally the Year 3 boys that are more unhappy about their friendships than the girls.

Question 4 – My classmates think I have good ideas

Most pupils (95%) agree that their classmates think they have good ideas all or some of the time. The overall response to this question was the least highest rating in the survey with only a minority (43%) selecting 'Yes' and is a very slight decrease from last year (45%). This question elicited the highest number of 'No' responses (12 responses) out of all the questions in the survey and the results were particularly low for Year 1 (29%), Year 2 (35%) and Year 4 (37%). However it is also worth noting that the number of children responding negatively to this question (12) has decreased compared with the data from 2016 (18).

Overall, there was an even split of 'Yes' responses from boys (46%) and girls (45%). The number of 'No' responses was split by gender; 3 girls and 9 boys and were fairly evenly spread among different year groups.

The year group eliciting the highest response to this question was Year 6 and the year groups with the lowest responses to this question were Year 4 (37%) and Year 2 (35%).

Question 5 – I know what to do if I think someone is being bullied

Most pupils (88%) stated that they know what to do if they thought someone was being bullied which is a positive increase on the percentage of children responding positively to this statement in the 2017 survey (86%).

Overall, girls (92%) were slightly more likely than boys (84%) to give a 'Yes' response, and of the nine 'No' responses to this question, seven were from boys and only two from girls. The 'No' responses were predominantly from the younger year groups (Year 1 and below) - this is likely to be because perhaps the concept of bullying is too complex for Reception/Nursery age children to comprehend. In last year's survey there were seventeen 'No' responses – so this year's results show a better understanding among the survey cohort.

Question 6 – If I have a problem, I have an adult at school who I can talk to

A very large majority (90%) of pupils say that they do have an adult that they could speak to at school, if they have a problem, which is a very large increase in the response to this question from last year's data (73%). The response to this statement is extremely positive and reassuring.

Overall, girls (94%) are more likely than boys (86%) to say 'Yes' they have someone at school they can talk to if they have a problem. From the survey cohort of 224 children, there was only one girl in Year 5 who responded with a 'No'. This is a fantastic improvement on the 2016 survey in which there were twenty-two children who stated that they did not have someone at school they could talk to if they had a problem.

All year groups yielded 'Yes' responses of over 87% with the exception of Year 5 which gave the lowest response (79%). The highest 'Yes' responses were received in Year 4 (93%), Year 3 (93%), Reception (94%) and Nursery (92%) Year 1 (85.7%). Interestingly in 2016 the Year 5 cohort gave the lowest 'Yes' response of 54% but yet in 2017 the same cohort, (now in Year 6) gave an overwhelmingly positive response of 90% to the same question.

Question 7 – I like PE lessons

Overall, 98% of respondents either like or sometimes like their PE lessons, with just four children indicating that they did not like PE lessons. A large majority (77%) selected the 'Yes' response to this question (an increase from 75% in 2013), with another 21% selecting the 'Sometimes' response. The most positive response to this question across the year groups was from Year 2 (91%) and Year 1 (83%). The analysis shows that overall boys seem to prefer PE lessons, stating a 'Yes' response of 86% compared to 71% from girls. The four 'No' responses were from three boys in Year 6, Year 1 and Reception, and a girl in Year 5.

Question 8 – I like school sport (at lunchtime and after school clubs)

Overall 75% of respondents said that they liked the clubs they do at lunchtime / after school, with a further 19% saying that they 'Sometimes' liked them. This is a significant increase from 56% received in the 2013 PE/Sport survey.

The most positive 'Yes' responses were received from Year 2 and Year 5. Running club is extremely popular with Year 2 and so is Netball in Year 5. Responses from Nursery and Reception have been discounted from the analysis for this question as this statement isn't relevant to these cohorts.

There were a high number of 'No' responses (12) to this question but caution should be given to the findings as these responses may also cover 'Not Applicable' responses.

Question 9 – I am good at PE and school sport

Overall 96% respondents think they are good at PE and sport at least some of the time, with 64% responding 'Yes' and a further 33% responding 'Sometimes'. This level of confidence has decreased from the 2013 survey when 76% of respondents stated that they think they are good at PE and school sport.

Eight children said that 'No' they were not good at PE and school sport; two girls in Year 6, one boy and two girls in Year 5, two girls in Year 4 and one boy in nursery. Responses to this question show a significant gender difference – 73% of boys gave a positive response and only 56% of girls gave a positive response. The cohort most confident about their sporting ability was Year 2 (96%) and the analysis shows that generally confidence appears to decrease as children get older (58% 'Yes' response for Year 6). There may be a connection between confidence levels and the increased opportunities for competitive matches / team selection within the older years (Year 4 and upwards).

Question 10 – I think PE lessons and school sport can help me have a healthy lifestyle

This question produced the strongest 'Yes' response of all the PE/sport related survey questions, polling 89% of the responses (an increase of 1% from the 2013 sport/PE survey). A further 10% of respondents said 'Sometimes' PE lessons and school sport can help you have a healthy lifestyle, leaving just three children (two in Year 5 and one in Reception) to respond 'No'. This suggests that messages promoted by school through assemblies, PE lessons, PSHE about the contribution that sport can have in helping children to lead a healthy lifestyle are being heard and understood.

Question 11 – PE lessons and school sport are hard work and challenging

This question produced the weakest 'Yes' response overall. 34% said that 'Yes' PE lessons and school sport were hard work and challenging, mirroring the response received to the 2013 PE/Sport survey. The most likely overall response to this question was 'Sometimes', which was given by 52% of all respondents.

In 2013, 26% of respondents said that 'No' PE lessons were not challenging, however in this 2017 survey only 13% of respondents elicited this response. The highest positive response to this question came from Year 1, where 62% said 'Yes' (54%) or 'Sometimes' (33%).

Cohorts with the lowest responses were Years 6 (15%) and Year 5 (27%). Year 5 showed the highest proportion of 'No' responses with 21% of respondents selecting it, and only 27% selecting 'Yes'. In Year 6, respondents gave the overall lowest proportion of 'Yes' responses with only 15% of respondents selecting 'Yes', 73% selecting 'sometimes' and another 12% selecting 'No'.

Overall 37% of boys find their PE lessons and school sport challenging whereas only 33% of girls find these session challenging.

Question 12 – In PE lessons and school sport, I know what to do next to get better

The response to this question shows an incredible increase in the number of positive responses (69%) from the last 2013 PE/Sport survey (44%). These positive responses are relatively evenly split across all year groups. The number of overall respondents (6%) stating 'No' they do not know what to do next to get better were evenly split across the different cohorts. As a useful comparison, in the 2013 survey 23% of respondents provided the same negative answer. Analysis by gender shows that 71% of boys clearly understand what they need to do to improve whereas only 67% of girls state the same response.

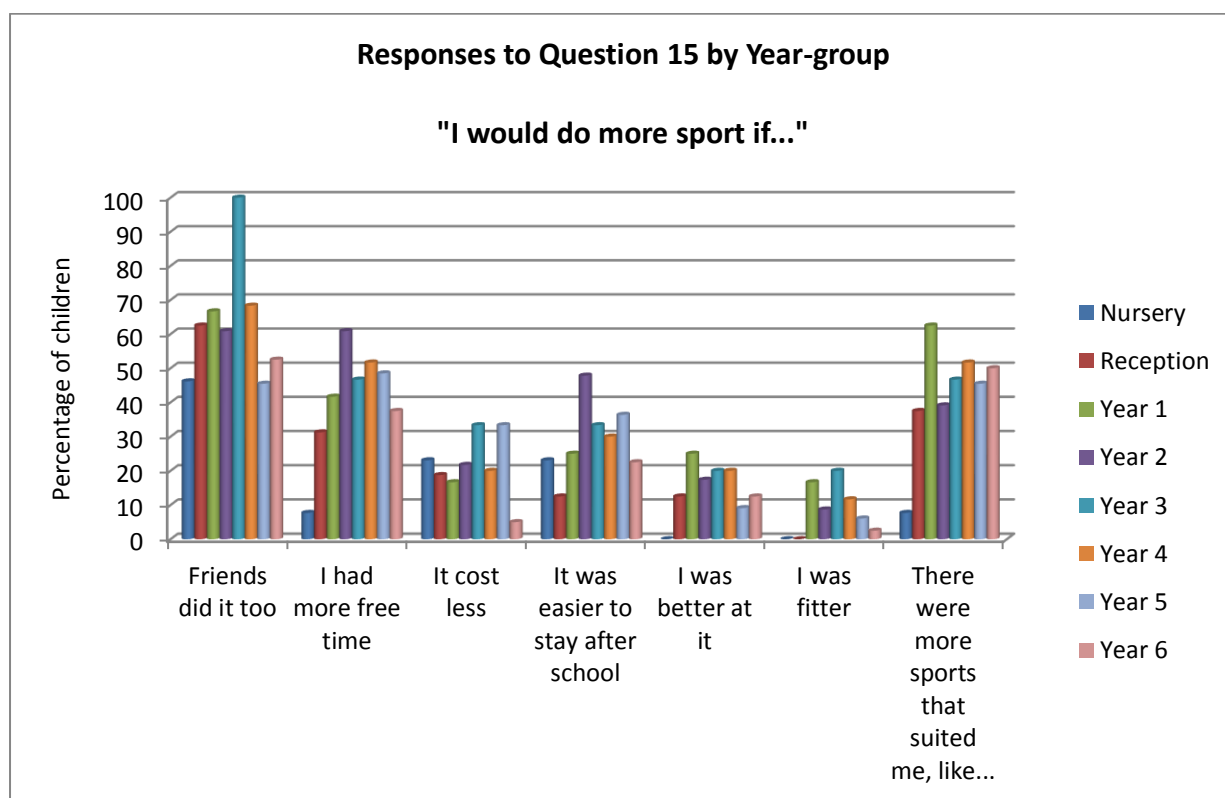
These results are overwhelming positive and are a direct result of the additional sport resource that Greenway has invested in over the last three years, including the presence of a Sports Apprentice who supports all years across PE lessons, lunch time and after school clubs and sports fixtures.

Question 13 – I am confident about trying new PE activities and sports

84% of all respondents said ‘Yes’ they are confident about trying new PE activities and sports, with the remaining 14% saying ‘Sometimes’. This profile is relatively consistent across all eight years surveyed, peaking at 100% saying ‘Yes’ in Year 2 and 90% saying ‘Yes’ in Year 6 and reaching a low of 73% for Year 3. Only four children said that they were not confident to try new sports. Along with the responses to Question 7 (I like PE lessons), this suggests that Greenway’s teachers provide an environment in which children feel safe and happy to enjoy their PE lessons and try out new activities.

Analysis of Question 14 &15

Question 14 and 15 were seeking to explore what factors children think are relevant in stopping them from doing more sport. The graph below shows the responses as a percentage of the number of children in each year group.



Friendships

Analysis shows that 72% of all children would do more sport if their friends did it with them. The data shows that this is a very significant factor for all year groups, particularly Year 3 where 100% of children noted it as a reason. Data for Year 5 and Year 6 shows that for the older cohorts this factor is slightly less of an issue in preventing them from doing more sport.

Free Time

Overall 55% of all respondents stated they would do more sport if they had more free time. Fewer children in Nursery and Reception raised the lack of free time as a barrier to doing more sport. The peak for this factor was in Year 2 where 61% of Year 2 respondents said it was relevant. The analysis on average hours of extra-curricular sport per child per week (Question16) supports these findings because children in Year 2 are currently very active and are doing the highest number of average hours of sport per week for all year groups. In Question 15 a comment was raised from one child which stated, *'I would like to do more but I already do a lot and there is no more time to fit any in!'*

Cost

The cost of sporting activities was raised as a factor by 23% of children across all years, but was only noted as relevant by over 30% of children in Year 3 (33%) and Year 5 (33%). Its relevance was noted least for respondents in Year 6 (at 5%). In interpreting the data there must be some caution about the extent to which children are aware of any genuine cost issues for their parents. This issue was raised by 23% of nursery children which may suggest some parental input with these responses.

It is important to note that there are a number of extra-curricular sport sessions available to Greenway pupils that are provided at no additional cost to parents – Greenway's Running Club (Year 2 & Year 3) and Year 5 & 6 Netball.

Ease of Staying After School

Over a quarter of all respondents (33%) said that difficulty over them staying after school presented an issue for them doing some activities. In the survey, this was said to have the biggest impact for Year 2 and Year 5 respondents, 48% and 36% (respectively) of which identified it as an issue. The smallest impact (at 13%) was for Reception respondents.

Expertise and Fitness

Less than a quarter of all respondents in each year group said that they would do more sport if they were better (18%) at it or if they were fitter (10%). To some extent children may be considering their expertise and their fitness when it comes to selecting which sports to participate in, but the reassuring findings from Question 13 (see above) shows that 84% of respondents are confident to

try new sports and suggests that neither issue significantly impacts on their confidence to try new activities.

Alternative Activities

In total 27 additional sports were identified by 105 (or 47% of all) respondents. The full list can be found at Annex B, which also indicates the frequency with which the activity was listed by associated year-group. The most popular activities that children asked for were rugby, tennis, gymnastics, football, badminton, hockey, table tennis and netball.

Other Factors

The final part of Question 15 asked respondents to give any other factors that stopped them from doing more sport. Responses concerning choice and availability of lunchtime activities (x9) have already been noted. In addition, the following reasons were given:

- If sport was more fun (x3)
- If there was more sports equipment available – including courts and pitches (x4)

In addition a number of comments were made about team selection / inclusivity and unkind comments from other children, as follows:

I would do more sport if.....

'If I was chosen for more teams'

'If I got selected for a team (I have tried out for football, cricket and rugby)'

'I would do more sport if I got picked more often'

'I really want to play in the school teams and there are not enough especially for all the Year 4 boys.'

'If they don't just chose the best people and give others a chance'

'I wanted to join the Y5 football team as I already play for Raiders, but I missed the trials because I was new to the school. I was told I would have to wait until Y6 to join. If I had been allowed to join, it would have been a good opportunity to make new friends. I think kids should have an opportunity to get into a team throughout the year.'

'If other children didn't tell me I'm not very good.'

'People say I'm terrible when they haven't seen me do it. I'd like to be able to take part and not be left out.'

Lack of Desire to do more Sport

Of all 224 respondents, only 16 (7%) ticked to indicate that they 'Do not want to do more sport' – this compares to 1% of pupils from the 2013 survey that stated they do not want to do more sport.

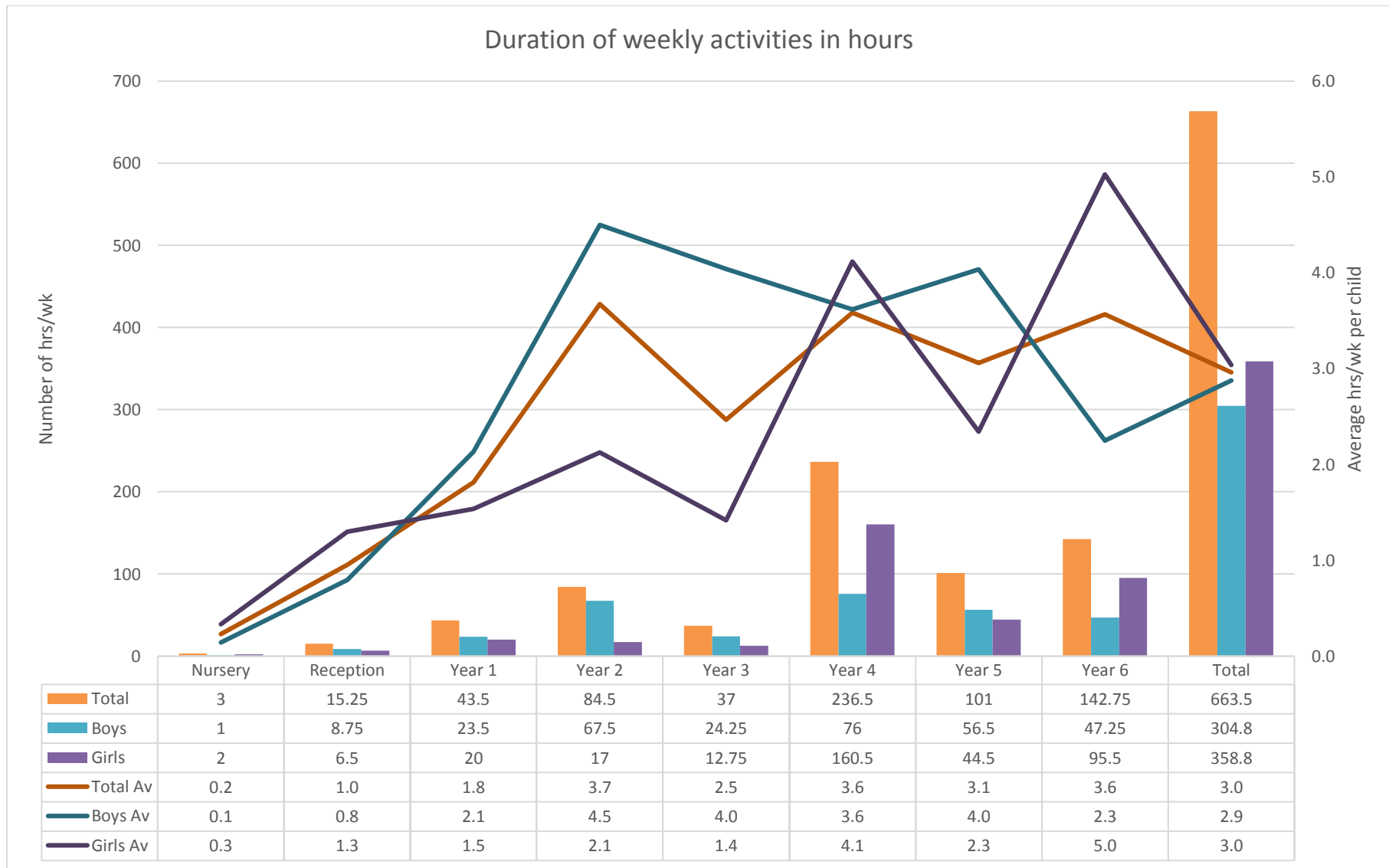
Analysis of Question 16

Question 16 asked children to list the extra-curricular sports that they participate in, including all sports clubs that they attend during lunchtime and after school as well any others they attend away from school. For each activity they listed, the children were asked to provide information about duration and details of where and/or which club they attended. Detailed findings for each year-group are shown in Annex C.

Duration

The survey cohort of 224 respondents reported that they are doing a total of 663 hours 30 minutes of sport (including active clubs such as beavers/brownies/cubs/scouts as well as performing arts) each week. Overall the (106x) boys report doing a total of 304 hours 50 minutes a week, while the (118x) girls reported a total of 358 hours 45 minutes a week. Data showing duration of activities by year group and gender are shown in Annex C.

Taken as averages by gender, these data show that boys are each doing an average of 2hours 54 minutes a week, while girls are doing on average 3hours a week of sporting activity. As already noted, some caution must be taken about whether those children who do more sports would have been most likely to complete the survey. Nevertheless, there was a considerable range in the amounts of sport being undertaken, with a number of children particularly in Nursery and Reception reporting that they do no (0hrs 0 minutes) regular extra-curricular activity beyond their PE lessons, to a peak of 18-20 hrs reported for a few girls in Year 4 in the gymnastics squad.

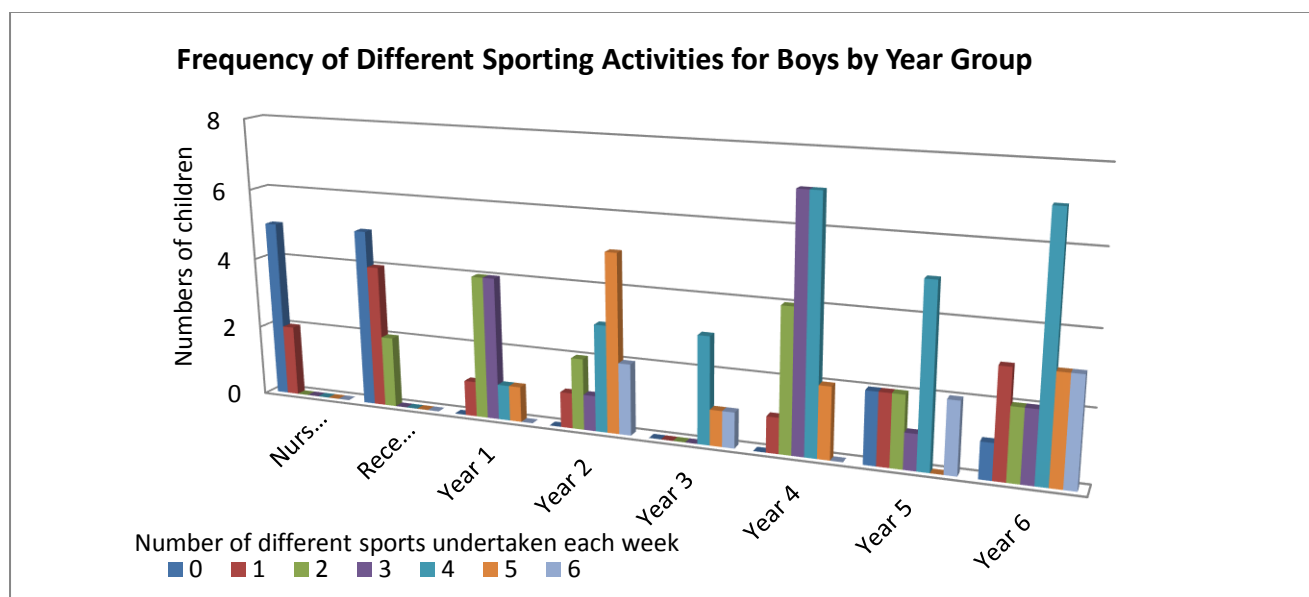


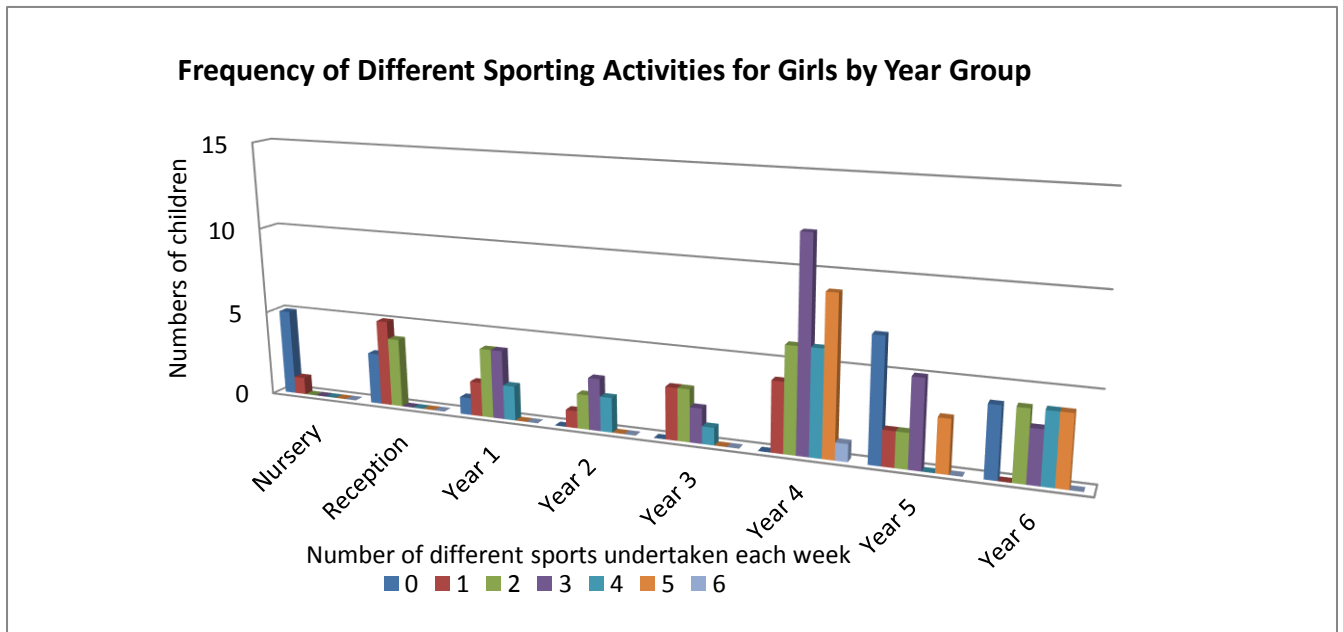
Numbers of Sports

Respondents reported a wide range of different sports being regularly undertaken each week. The lowest number of different sports reported was zero, while the highest was reported by a few Year 2, Year 3, Year 5 and Year 6 boys who reported doing 6 different sporting activities each week. Overall the charts below show that in most years generally boys are doing a wider range of sports than girls (with the exception of Year 4 girls).

The most frequent number of different activities being carried out each week by boys (reported for 26% of boys) was 4, while for girls, the comparable figures (reported for 29% of girls) was 3 different sporting activities.

This data are shown in the bar charts (by gender) below:



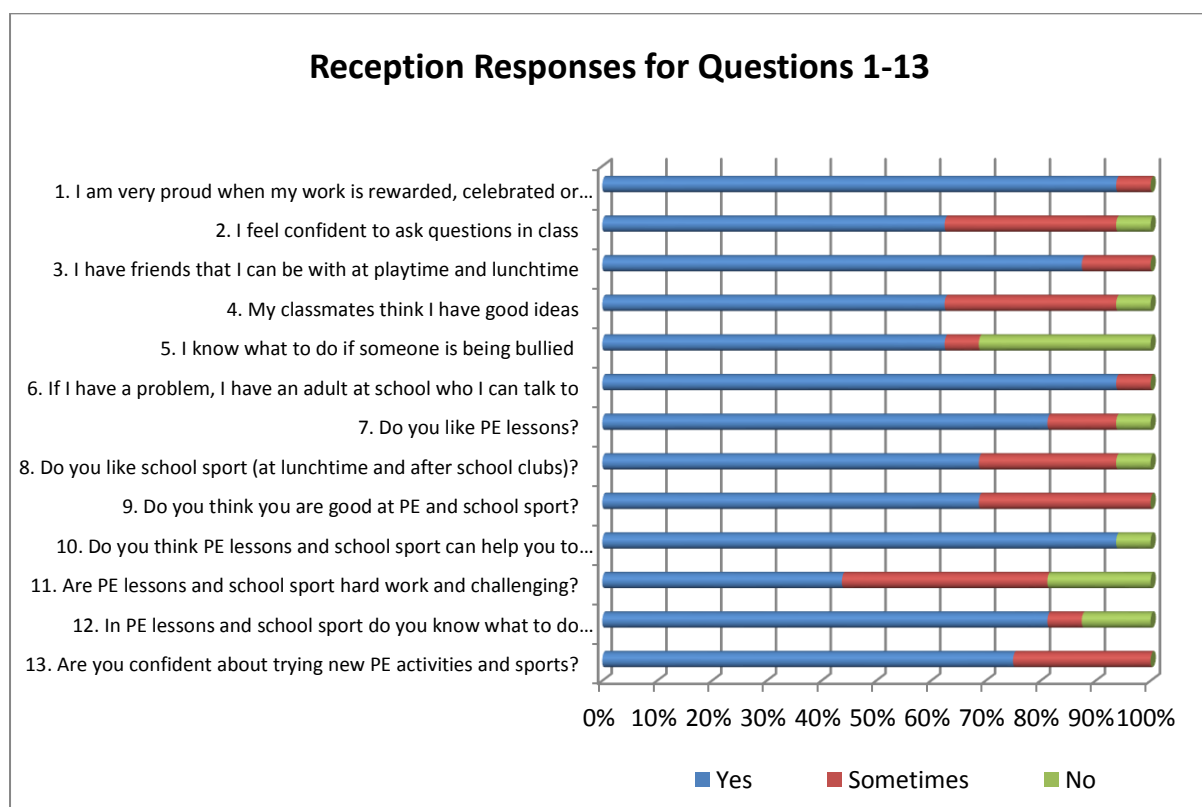
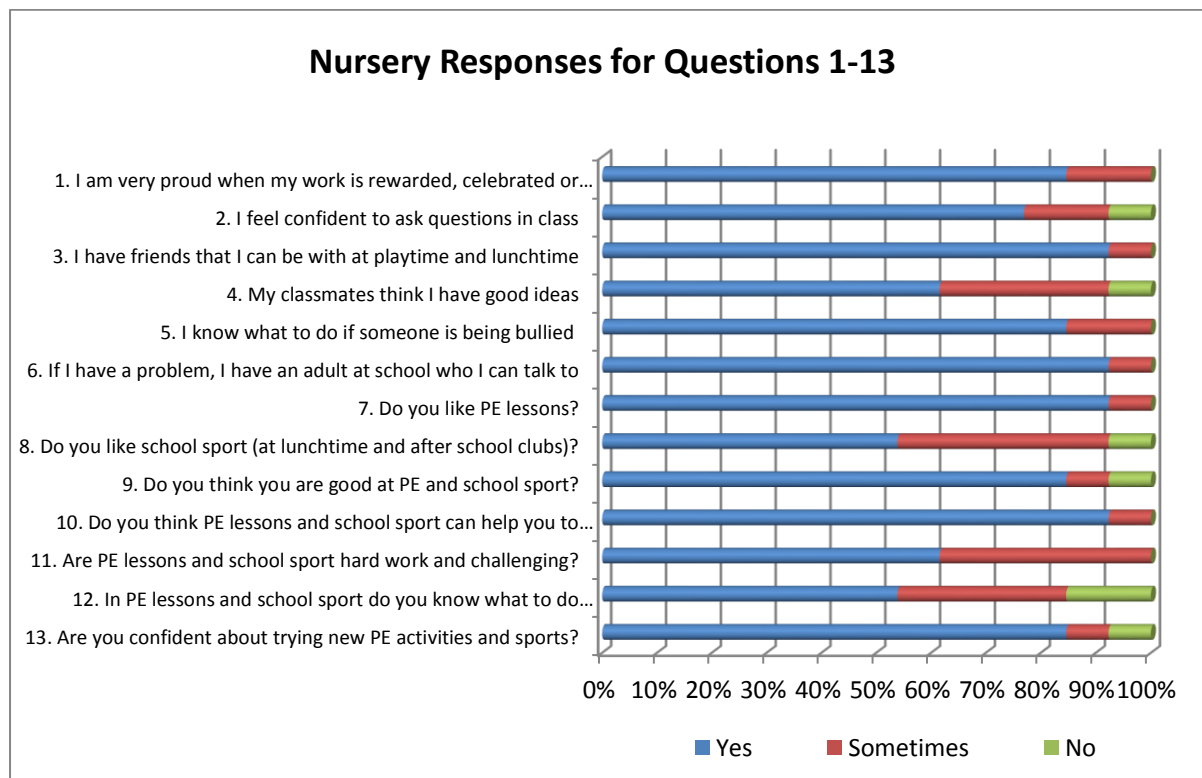


Membership of which activities and clubs

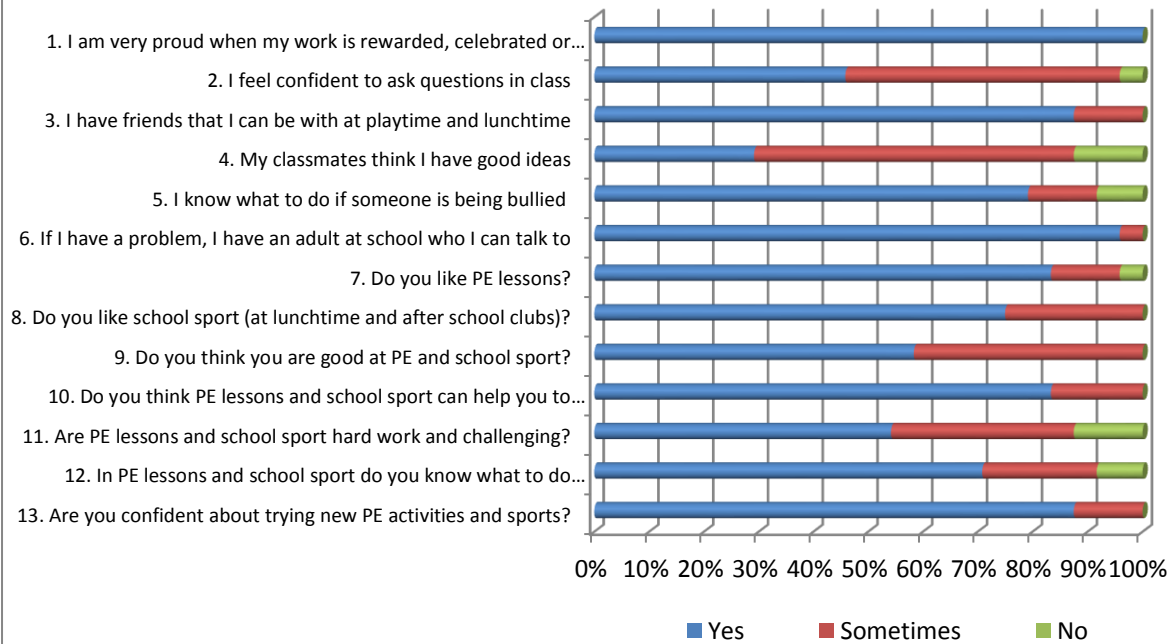
The remaining information that children were asked to record for Question 16 was the type of sporting activity and location or club attended. The type of sporting activity being done in each year-group is shown by year-group, alongside information on duration by gender and year-group, in Annex C.

ANNEX A

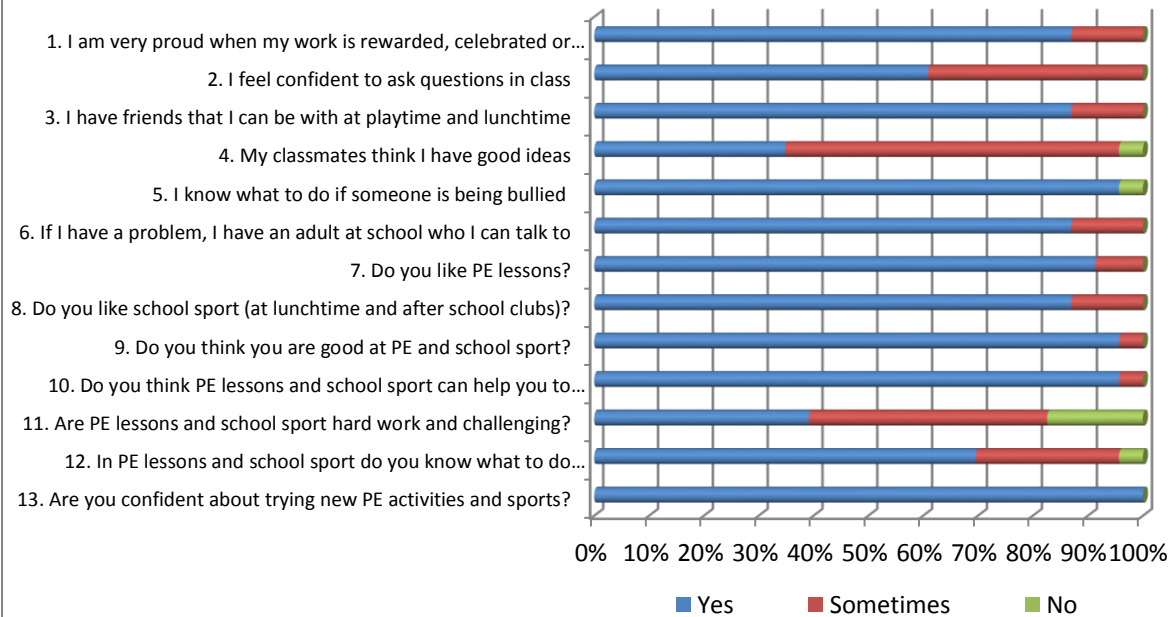
Responses to Question 1-13 by Year-Group



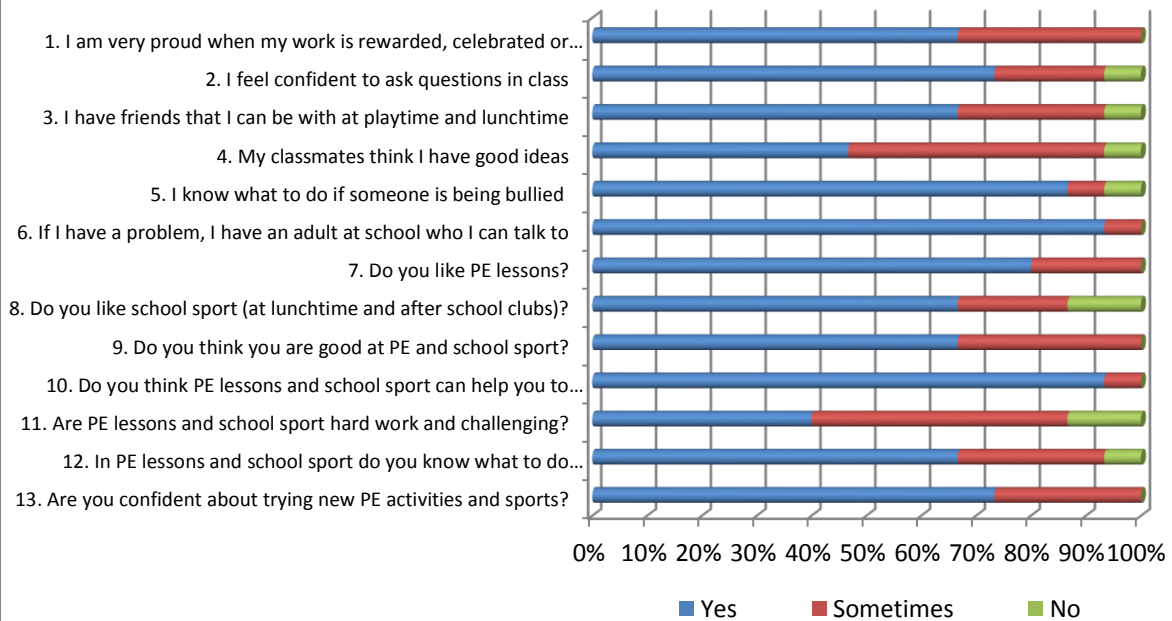
Year 1 Responses for Questions 1-13



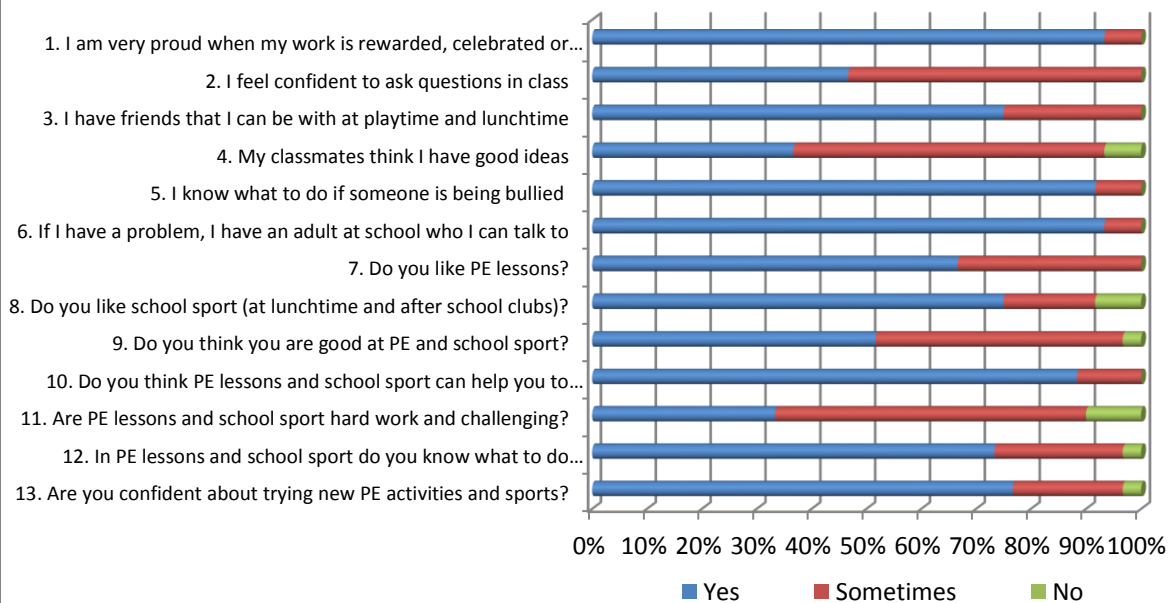
Year 2 Responses for Questions 1-13



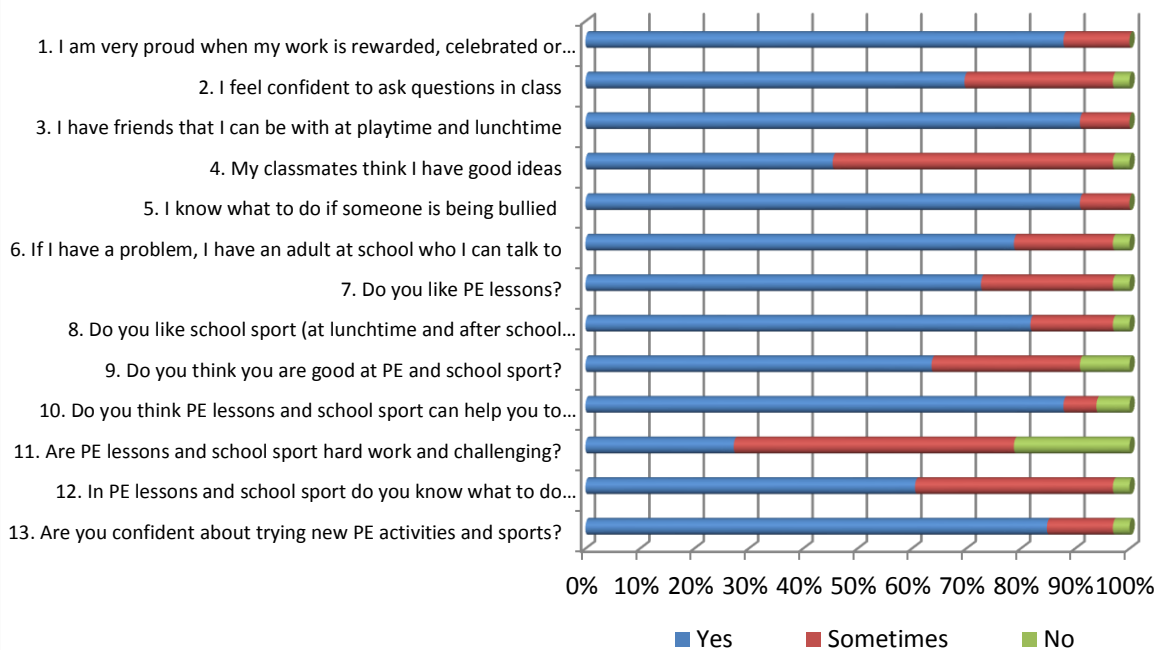
Year 3 Responses for Questions 1-13



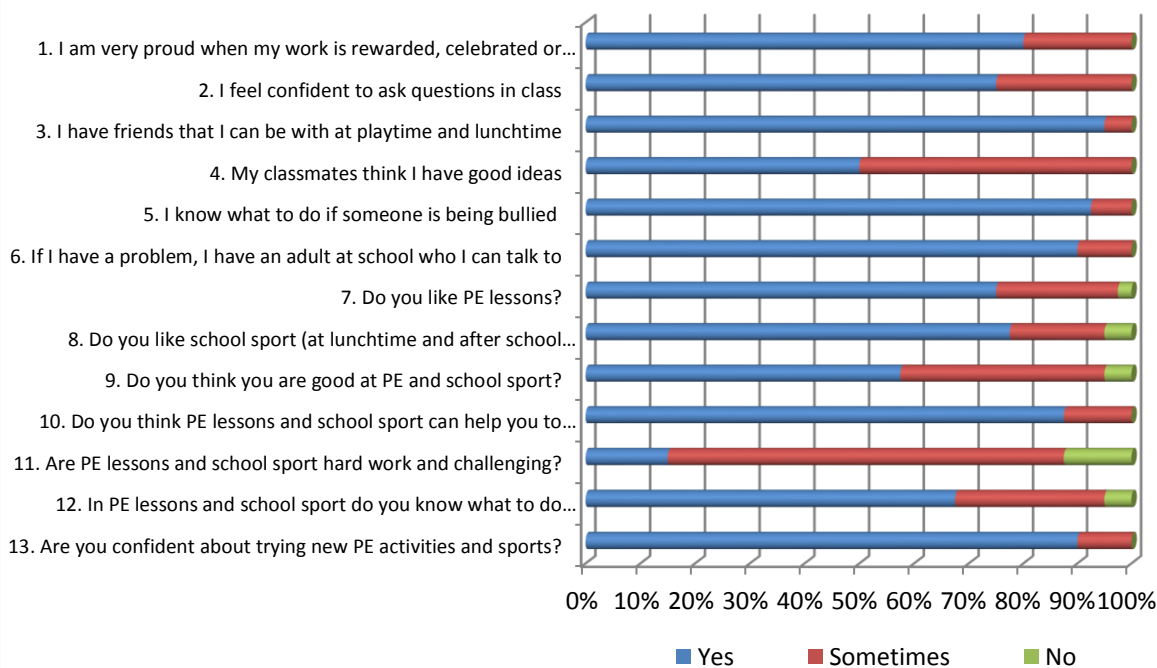
Year 4 Responses for Questions 1-13



Year 5 Responses for Questions 1-13



Year 6 Responses for Questions 1-13



ANNEX B**Detailed Responses to Question 15 vii**

Q15. I would do more sport if...

Vii ...there were more sports that suited me, like...

Sport	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	TOTAL
Rugby	0	0	2	5	2	4	2	1	16
Tennis	0	1	1	2	0	7	3	2	16
Gymnastics	0	0	4	0	1	6	2	1	14
Football	0	2	2	1	1	3	2	1	12
Badminton	0	0	1	1	0	1	4	4	11
Hockey	0	0	2	1	1	1	3	3	11
Cricket	0	0	2	1	1	6	0	1	11
Table Tennis	1	0	0	2	1	5	2	0	11
Netball	0	0	1	2	2	3	0	3	11
Dance (modern and street)	0	0	1	0	0	6	1	1	9
Athletics/Running/X Country	0	0	1	0	0	1	3	3	8
Swimming	0	0	2	1	1	2	1	1	8
Basketball	0	0	0	1	0	2	1	2	6
Trampoline	0	0	1	0	1	1	2	1	6
Rounders	0	2	0	1	1	2	0	0	6
Archery	0	0	0	0	0	3	1	2	6

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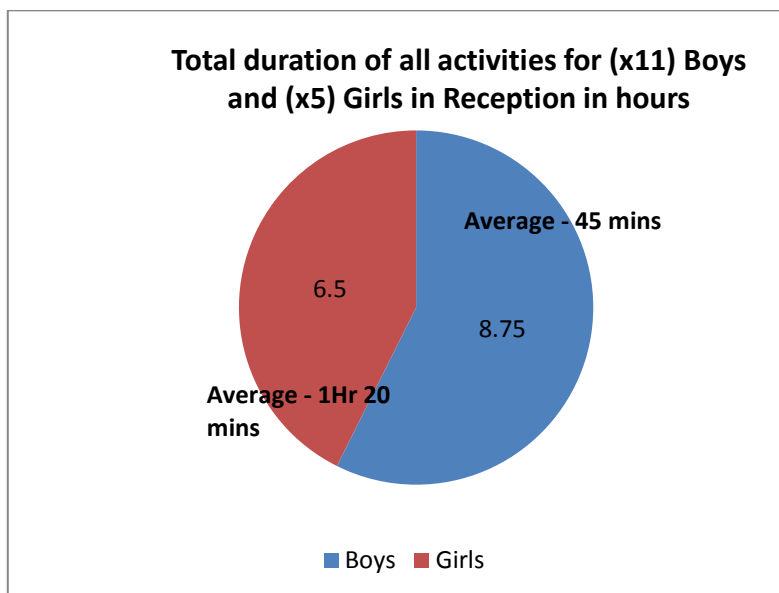
Climbing wall	0	0	0	1	0	3	1	1	6
Martial Arts	0	0	1	0	1	1	0	2	5
Cycling	0	0	2	0	0	3	0	0	5
Golf	0	0	2	0	2	0	0	0	4
Dodgeball	0	0	0	0	0	4	0	0	4
Volleyball	0	0	0	0	0	3	0	0	3
Benchball	0	0	0	0	0	3	0	0	3
Skateboarding	0	0	1	0	0	1	0	0	2
Lacrosse	0	0	0	0	0	0	0	2	2
Kayaking	0	0	0	0	0	0	0	1	1
Ice Skating	0	0	0	1	0	0	0	0	1

ANNEX C

Reponses to Question 16 –

Duration of Extra-Curricular Activity by Gender/Year-Group

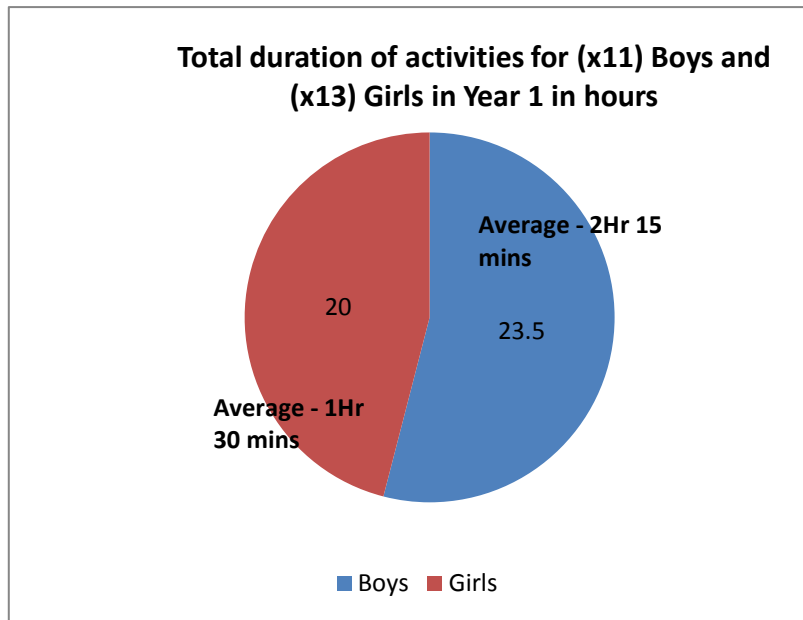
Ci) Reception



Types and Frequency of Weekly Sport Activity Reported for (16x) Respondents in Reception

Sporting Activity	Numbers Doing that Sport Each Week
Swimming	10
Football	4
Dance/Performing Arts	2
Tennis	3
Gymnastics	2

Cii) Year 1

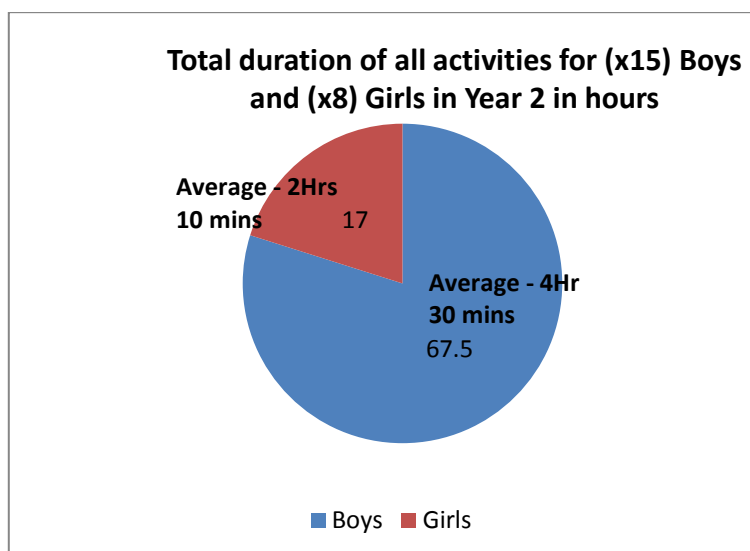


Types and Frequency of Weekly Sport Activity Reported for (24x) Respondents in Year 1

Sporting Activity	Numbers Doing that Sport Each Week
Swimming	17
Football	13
Dance/Performing Arts	8
Tennis	8
Gymnastics	1
Riding	1
Trampoline	1
Fencing	1
Cycling	1
Golf	1

Duration and Type of Extra-Curricular Activity by Gender/Year-Group

Ciii) Year 2

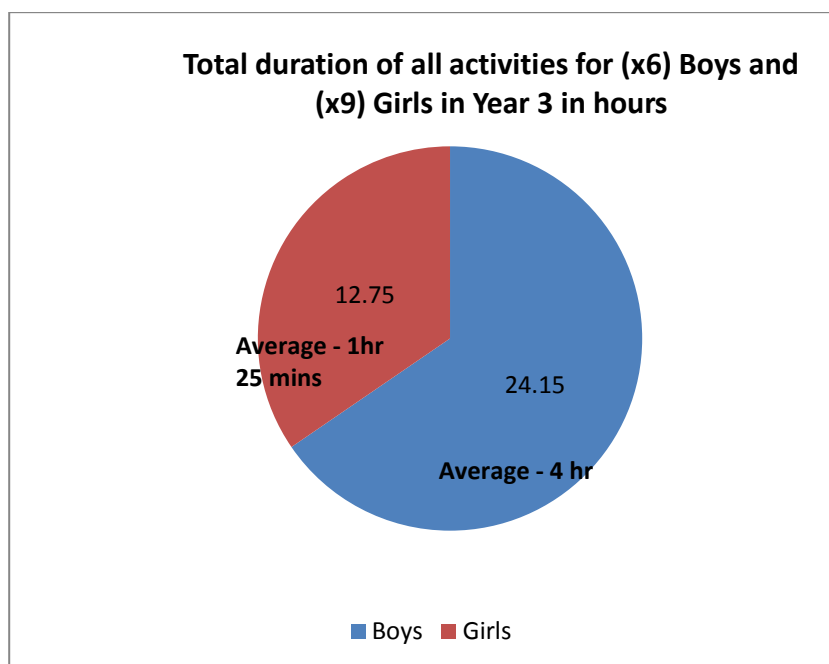


Types and Frequency of Weekly Sport Activity Reported for (23x) Respondents in Year 2

Sporting Activity	Numbers Doing that Sport Each Week
Swimming	18
Football	16
Running	16
Dance/Performing Arts	9
Beavers	7
Cricket	7
Gymnastics	6
Rugby	4
Tennis	3
Trampoline	1
Riding	1

Duration and Type of Extra-Curricular Activity by Gender/Year-Group

Civ) Year 3

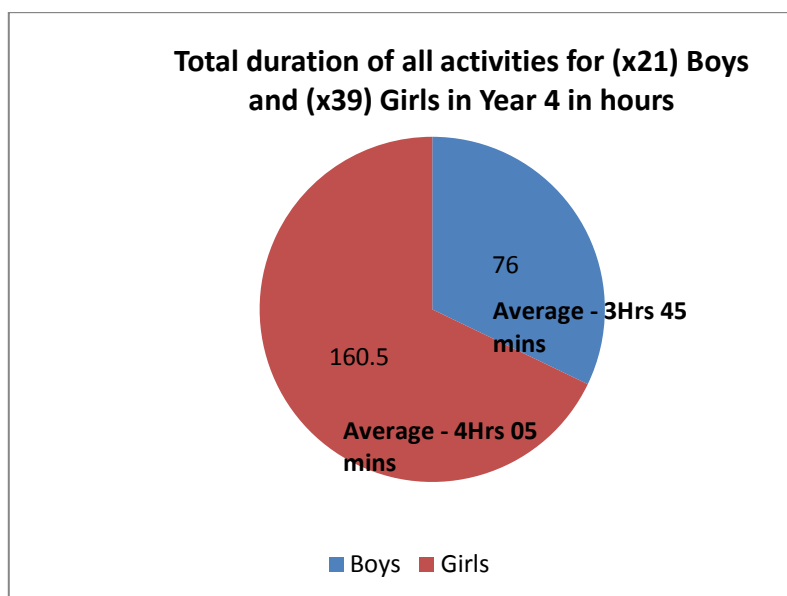


Types and Frequency of Weekly Sport Activity Reported for (15x) Respondents in Year 3

Sporting Activity	Numbers Doing that Sport Each Week
Swimming	9
Football	6
Dance/Performing Arts	4
Running	3
Cubs	3
Tennis	3
Rugby	2
Martial Arts	2
Gymnastics	1
Circuits	1
Cricket	1
Brownies	1

Duration and Type of Extra-Curricular Activity by Gender/Year-Group

Cv) Year 4

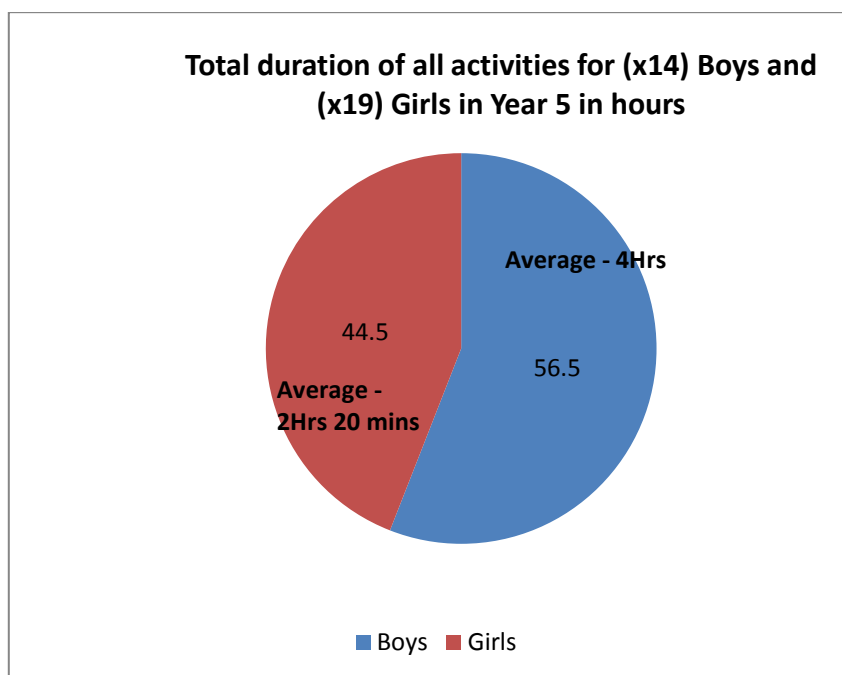


Types and Frequency of Weekly Sport Activity Reported for (60x) Respondents in Year 4

Sporting Activity	Numbers Doing that Sport Each Week
Swimming	10
Football	8
Dance/Performing Arts	0
Gymnastics	3
Tennis	5
Cubs	2
Cricket	2
Netball	6
Rugby	1
Running (GRC)	11
Cycling	3
Karate	1
Diving	1
Horse Riding	1
Roller Skating	2

Duration and Type of Extra-Curricular Activity by Gender/Year-Group

Cvi) Year 5

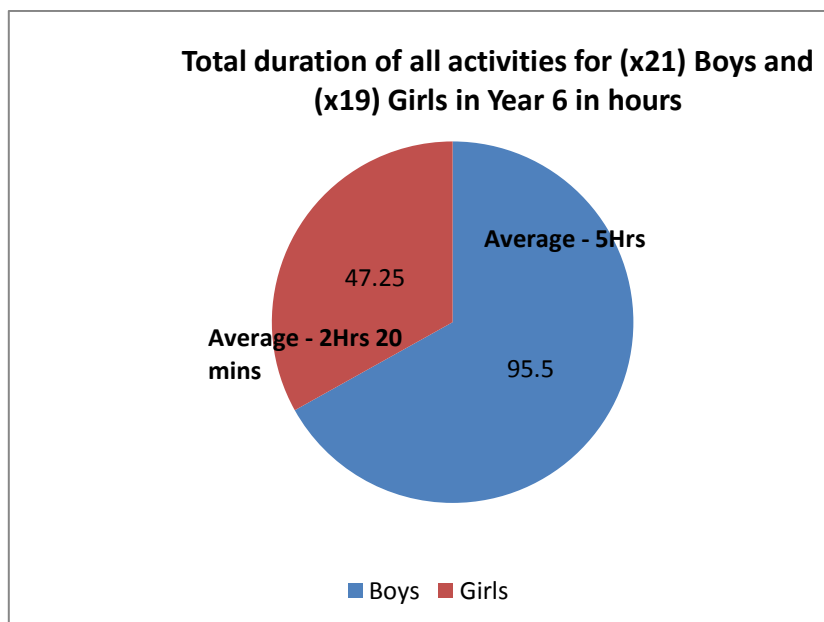


Types and Frequency of Weekly Sport Activity Reported for (33x) Respondents in Year 5

Sporting Activity	Numbers Doing that Sport Each Week
Football	30
Swimming	13
Dance/Performing Arts	11
Cricket	7
Cubs	7
Table tennis	6.5
Running	6
Cycling	5
Netball	4
Brownies	3
Gymnastics	3
Martial Arts	2
Athletics	2
Tennis	2
Skiing	1
Rugby	1

Duration and Type of Extra-Curricular Activity by Gender/Year-Group

Cvii) Year 6



Types and Frequency of Weekly Sport Activity Reported for (40x) Respondents in Year 6

Sporting Activity	Numbers Doing that Sport Each Week
Football / Futsal	38
Cricket	17
Netball	10
Tennis	8
Martial Arts	7
Badminton	7
Dance	6
Table Tennis	5
Gymnastics	5
Swimming	5
Running/Athletics	4
Guides	3
Rugby	2
Scouts	2
Basketball	2
Hockey	2

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Archery	2
Tennis	2
Squash	1
Ice Skating	1
Golf	1
Sailing	1
Riding	1