

A free workshop
for parent/carers of
children aged 5-14

Run by specialist
ADHD/Autism Trainers
from ADD-vance



Dacorum DSPL Area 8 are pleased to present **Understanding Autism & Managing Anger & Anxiety**

This 4-hour workshop is designed to meet the needs of parent/carers to help them build on existing skills in supporting children with Autism

The workshop will take place between 9:30am - 2pm
on
Thursday 8th February 2018
at
Willow Room
Hobbs Hill Wood Primary School
Peascroft Road
Hemel Hempstead
HP3 8ER

To book, please call Ashley Fabray on 07525 917125 or email fabraya@kls.herts.sch.uk
Places are limited, so please do book early to avoid disappointment

Please note that this course is only open to Dacorum parents/carers

DSPL | Delivering Special
Provision Locally
Achieving quality outcomes

Who is this workshop for?

Parent/carers of children/young people with a diagnosis or suspected diagnosis of Autism

What are the Learning Outcomes?

The workshop will help parents/carers to:

- Understand what is Autism
- Recognise the diagnostic criteria for Autism
- Identify strengths and difficulties faced by a child with Autism
- Have a better understanding of what is anger and the rage cycle
- Have a better understanding of why children and young people with Autism are more likely to experience anger, anxiety and distressed behaviour
- Discover top tips and tools to help your child

What methods will be used at the workshop?

Presentation and small group work

What will be provided?

- Light refreshments
- Workshop learning pack
- 30 minute lunch break included - please bring your own lunch

When and where will the workshops take place?

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How do I book a place?

Please book via: Ashley Fabray on 07525 917125 or fabraya@kls.herts.sch.uk

We will then confirm your booking