

# Communication

## A FREE workshop in HEMEL HEMPSTEAD

For parents and carers in DACORUM



for Mums, Dads &  
Carers



For Parents and Carers of Primary  
& Secondary age children

The workshop will cover:

- \* Helpful and unhelpful ways of communicating
- \* Practical skills to enable effective communication
- \* The effect of active listening on Feelings, Thoughts and Behaviour



**Monday 12th March 2018**

**1.00pm - 3.30pm**

at

**Link Family Services  
Community Room, C/O  
Hobletts Manor Junior School,  
Adeyfield Road, Hemel  
Hempstead, HP2 5JS  
(Satnav HP2 5JT)**

\*As parking onsite is limited, please park on Adeyfield Road



To book your FREE place please contact  
Vicky:

[vicky@familiesfeelingsafe.co.uk](mailto:vicky@familiesfeelingsafe.co.uk)

or Tel: 07561845825

\* Please quote the date of the workshop you are booking