

**A free workshop
for parent/carers of
children aged 5-14**

**Run by specialist
ADHD/Autism Trainers
from ADD-vance**



Dacorum DSPL Area 8 are pleased to present
**Understanding Autism &
Managing Anger & Anxiety**

This 4-hour workshop is designed to meet the needs of parent/carers to help them build on existing skills in supporting children with Autism

**The workshop will take place between 9:30am - 2pm
on
Tuesday 24th April 2018
at
Jupiter Community Free School
Jupiter Drive
Hemel Hempstead
HP2 5NT**

To book, please call Ashley Fabray on 07525 917125 or email fabraya@kls.herts.sch.uk
Places are limited, so please do book early to avoid disappointment

Please note that this course is only open to Dacorum parents/carers

DSPL | Delivering Special
Provision Locally
Achieving quality outcomes

Who is this workshop for?

Parent/carers of children/young people with a diagnosis or suspected diagnosis of Autism

What are the Learning Outcomes?

The workshop will help parents/carers to:

- Understand what is Autism
- Recognise the diagnostic criteria for Autism
- Identify strengths and difficulties faced by a child with Autism
- Have a better understanding of what is anger and the rage cycle
- Have a better understanding of why children and young people with Autism are more likely to experience anger, anxiety and distressed behaviour
- Discover top tips and tools to help your child

What methods will be used at the workshop?

Presentation and small group work

What will be provided?

- Light refreshments
- Workshop learning pack
- 30 minute lunch break included - please bring your own lunch

When and where will the workshops take place?

Jupiter Community Free School
Jupiter Drive
Hemel Hempstead
HP2 5NT

On Tuesday 24th April 2018, from 9.30am to 2pm

How do I book a place?

Please book via: Ashley Fabray on 07525 917125 or fabraya@kls.herts.sch.uk
We will then confirm your booking