## **Managing Strong Feelings**

A FREE workshop in HEMEL HEMPSTEAD

For parents & carers in DACORUM

for Mums, Dads &
Carers





For Parents and Carers of Primary & Secondary age children

## The workshop will cover:

- The link between Feelings,
   Thoughts & Behaviour
- Understanding the context of a child's behaviour
- Ideas for dealing with behaviour



Tuesday 13th March 2018 4.00pm - 6.30pm

Gade Community Room, Chaulden Junior School, School Row, Hemel Hempstead, HP1 2JU



To book your FREE place please contact

Sue

Sue@familiesfeelingsafe.co.uk
Or Tel: 07531 247657

Please quote the date of the workshop you are booking