



# TIME OUT FOR DADS

**Dads, Step-Dads,  
Stay at home Dads,  
Working Dads...**



**Wednesdays 6th, 13th, 20th,  
27th June, 4th and 11th July 2018  
7.00 - 9.00pm**

**Dads play an important role in a child's life. This course will help you be the Dad you want to be!**

**Our free 6 week course for fathers and male carers of children aged 0-19 will help you to:**

- Increase confidence in your parenting.
- Develop your dad/child relationship, now and for the future.
- Improve listening and communication skills.
- Develop strategies for dealing with anger and conflict.
- Learn how to enforce boundaries.

**The Link Family Services  
Community Room**

**At Hobletts Manor School  
Adeyfield Road**

**HEMEL HEMPSTEAD HP2 5JS**

**'My child is easier to handle now, and has learnt from the techniques I use.'**

**Pre-booking essential**

**For further information, contact  
Supporting Links on:**

**01442 300185**

**[info@supportinglinks.co.uk](mailto:info@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**

