



Sibling Group

Information

The sibling group will be held every week, excluding Half Term, the dates are:

Wednesday's - 6th February, 13th February, 27th February, 6th March, 13th March & 20th March 2019

Parents meetings will take place on the first and last sessions from 1:30-2:30pm – Wednesday 6th February & 20th March 2019.

There are a total of 6 sessions on a Wednesday, 4-6pm, for children between the ages of 5-12yrs, for up to 12 children for children that attend schools in the Dacorum area. As there are only 6 sessions we do expect a degree of commitment and the intention being that you will sign up and attend the 6 sessions, excluding illness etc.

The group will be run by Sarah Ellis and Sharon Lawton (family support and coaches). Both have extensive knowledge of working with children and their families where there is an additional need.

Each session will follow the same format, checking in how their last 2 weeks were, snack, activity, talking, activity. The group is designed to give young people a break and provide fun activities. Young people will also have the opportunity to meet others who have a sibling with a disability, sharing how this may feel, along with celebrating

difference and developing resilience skills and coping strategies. They will also practice relaxation exercises.

During the final session, 20th March, parents and all siblings including the child with the additional need will be invited to attend a graduation ceremony.

Please note a child will not be booked on until the basic information details form is received. Please return this to: **Vicky McKirgan - mckirganv@kls.herts.sch.uk**

Once the form is received and a place is reserved, you will receive a confirmation email.

Whilst the group is designed to support your child please bear in mind that we do require the child to abide by the schools standards of behaviour. We will discuss with you any incidents that have caused concern.

As an employee of Hertfordshire county council we are required to follow Hertfordshire safeguarding policy and any information that causes concern will be discussed with you and the necessary action taken in accordance with Hertfordshire safeguarding policy.