

The teen brain



4 sessions to help parents understand what's happening to their teen:

- Ideas on understanding teenagers
- Communication
- Managing conflict



When: **Wednesday** evenings from **7-9pm**

Dates: **2nd, 9th, 16th & 23rd October 2019**

Where: **Thomas Coram School, Berkhamsted, HP4 2RP**

To book, or for more information: call Lisa MacGovern on **07780 114079** or at lisamacgovern@hobbshillwood.herts.sch.uk



This FREE course is brought to you and funded by Dacorum Family Services

