

DENS Dacorum Foodbank

Harvest List 2019

- ✓ Tinned Meat/Tuna
- ✓ Tinned Tomatoes
- ✓ Sponge Puddings/Jelly
- ✓ Tinned Fruit
- ✓ Rice Pudding
- ✓ Custard
- ✓ Tinned Soup
- ✓ Cooking Sauces
- ✓ Tinned Peas
- ✓ Tinned Sweetcorn
- ✓ Rice
- ✓ 10p Carrier Bags
- ✓ Long-life Milk
- ✓ Long-life Juice
- ✓ Potatoes (Tinned/Smash)
- ✓ Jams & Spreads
- ✓ Cereal Bars
- ✓ Biscuits
- ✓ Coffee
- ✓ Washing Powder/Liquid (small)
- ✓ Shampoo
- ✓ Deodorant

Please note that:

- We request that all items are within their best before date and unopened.

At the moment we have good supplies of Baked Beans and Cereal.

- All these items will be used to help those in need across DENS Services, supporting the Elms, Day Centre and Foodbank.

Thank you for your support.

For donations/deliveries, Weekdays 9:30am - 1pm

For large donations please call to arrange.

The Hub, Paradise, Hemel Hempstead, HP2 4TF

T: 01442 250969 E: foodbank@dens.org.uk