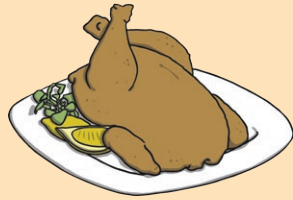


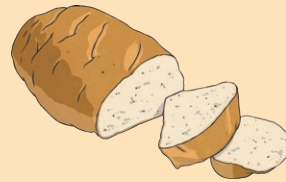
# Healthy Eating



fat



protein



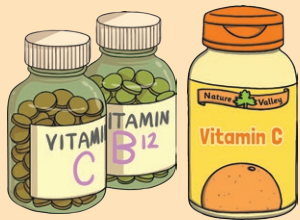
carbohydrate



vegetables



calcium



vitamin



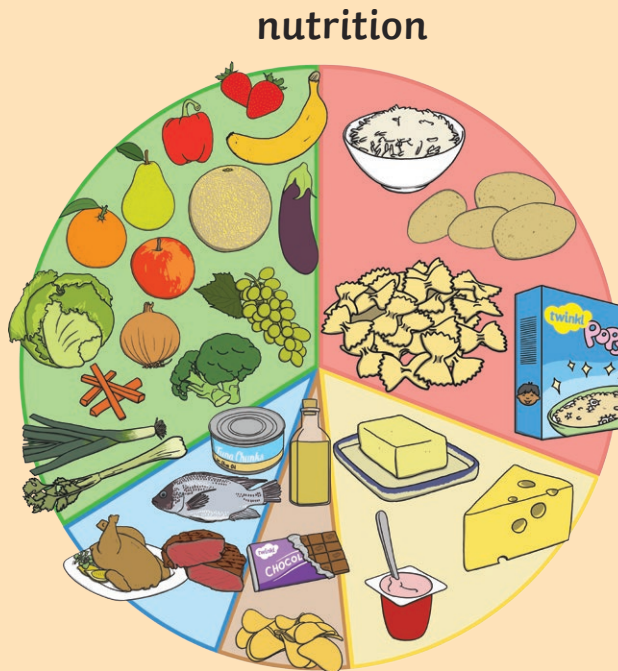
exercise



mineral



fuel



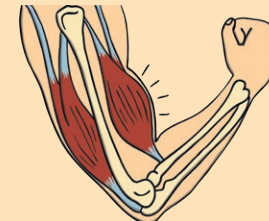
nutrition



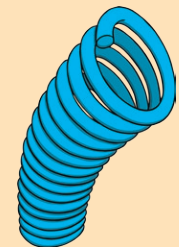
bones



Healthy Eating



muscle



energy