

Hello Red Ash,

I have loved receiving your recent pictures and messages. Keep sending message they really make me smile. I love the idea that you have been decorating pebbles and leaving them around town. I have been looking out for them too! I am so impressed that you are getting on with some schoolwork. Even if you are doing a little bit and having a routine, that is good.

How are you feeling? Have you had some days that are easier than other days? Its ok, adults feel like that too. We all want to get back to doing what we used to do. When I feel like that, I tell my family straight away and they remind me that we are at home to stay safe. Remember you can talk about how to feel to your family and perhaps one of your soft toys too.

I have the caterpillars now and will be sending you photos of how they are doing. Hope fully we can release them together, but if not I will video them flying away.

From

Mrs Murphy xx