

# Year 2 Curriculum

## Science

### Day 1

Coin investigation – See attachment Science day 1

All is explained on the sheet.

### Day 2

Magnet investigation – see attachment Science Day 2

All is explained in the document

## Geography

**Day 3, 4 and 5-** Why is it important to know all about sugar?

The Powerpoint explains each day and guides you through the tasks.

### Day 6

Sugar top trumps- Day 6 (see attachment)

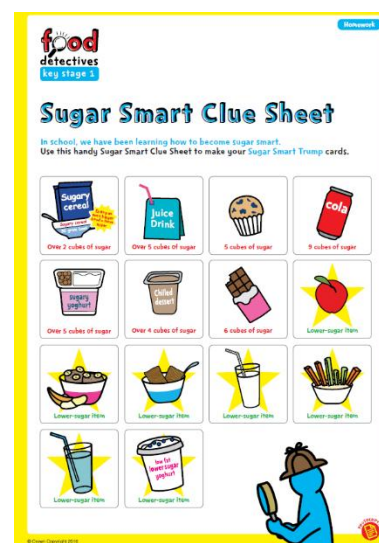
Here are some ideas to help you when you make your own top trumps

### Day 7

Today I want you to explore the food packaging, if an adult says that it is safe, and look at the amount of sugars, energy, carbohydrates and fats in foods. Remember our bodies need a balance of all these things but today is about making you aware!

<https://www.nhs.uk/change4life/food-facts/food-labels>

At the bottom of this website link, there is a video that explains how to read the food labels.



You could write a list about the foods that surprised you and the foods that didn't!

### **Day 8 and 9–** Fruit and vegetables and Free-range

The Powerpoint talks the children through the learning with two tasks throughout. See attachment – Day 8 Fruit and Vegetable and Day 9 Free-range

This is the end of our topic now- Why does it matter where our food comes from?

## **Well-being**

### **Day 10**

Ask an adult to help you get onto this link

(<https://www.youtube.com/watch?v=XVflu70T4ns>)

You will recognise the lady! She helps us with yoga but today she is talking about worrying and anxiety. I really enjoyed listening to her and she has helped me. I think she might help you! Listen carefully!

Happy learning Pine! 😊