

## Year 2 PE task 2

### Games – Striking and fielding

Task – Now it's time to put the different skills used to stop different moving balls into a game. You still need just 1 ball for this game. You can either use a partner or a wall. If using a partner, they will need to send the ball to you either in the air, bouncing or rolling. Your job is to stop the ball and get it back as quickly as you can. You have 1 minute to stop the ball and get it back as many times as you can. You score 1 point for stop the ball successfully, without intervention from an object or the ball stopping naturally, and 1 point for getting it back successfully. To return the ball successfully, it must not touch the floor. Therefore, you can run the ball back or throw it. Which is quicker? Which is most effective?

You can now start to look at returning throws. Throwing will always be a quicker option than running and an accurate throw will still always be more effective than running. For close distances, children should work out that an underarm throw is the most effective option. For longer distances, overarm becomes more useful but can be less accurate.

Please see the list of useful PE resources if you are looking for additional support.