

Sports week: EYFS

DATE: 13th July – 17th July 2020

13 th July 2019	Monday	Tuesday	Wednesday	Thursday	Friday
Task 1 - AM	Look at the Tortoise and the Hare PowerPoint. Draw a picture of the Tortoise and the Hare. Talk/Write about the characters. For example, you might say that the Hare is fast and confident.	Have a look at the history of the Olympic rings document. Read about the Olympic rings and the colours. Then colour in the Olympic rings colouring sheet. You can talk about or write the colours on the sheet.	Phonics Hopscotch – Have a look at the active learning phonics hopscotch. Choose some phonics sounds and complete the activity. <u>2 DAYS</u>		https://www.youtube.com/watch?v=BN7M-uQSOYE – cosmic kids hoppit the hare.
Task 2 - AM	Counting to 20 Use the football Counting to 20 sheet. How many footballs can you count in each goal?	Look at the Sports I Spy sheet. Use the checklist and see how many you can find for each item. Use the answer sheet to check your answers.	Look at the Olympic games PowerPoint. Go to the Olympic Torch page and look carefully at the torch. Can you create your own Olympic torch? Talk/Write about your Olympic torch. What colours did you use? How tall is it? You can label the different parts of your torch.	https://www.youtube.com/watch?v=QQCnWvwrO8U – cosmic kids peace out guided relaxation.	Design your own Olympic medal! Look at the Olympic medals and design your own. Think about what you can have on your medal and why?
Task 3 - PM	Have a look at the Home PE Animal Moves and complete the activity.	This morning you looked at the Olympic rings. Now try an Olympic event! Try to do an Olympic long jump. Choose where you are going to jump from and	Complete the PA challenge – Speed bounce. You have 60 seconds to jump over a pillow as many times as you can.	Create your own 60 second challenge to do at home!	Sports Mindfulness colouring. Choose one of the mindfulness

		mark this location so you know where to start. Next, take a run up and jump as far as you can. Remember to bend your knees, swing your arms back and then push forward as far as you can. Can you use small footsteps to measure how far you jumped?			colouring sheet to colour in or draw your own sports picture to colour in.
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E-Safety Home learning packs for Gaming – Complete age 4-5 activity home learning pack 8. This is also saved in your home learning resources on the Greenway Website or visit <https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/> and select the correct age and home learning activity pack 8.