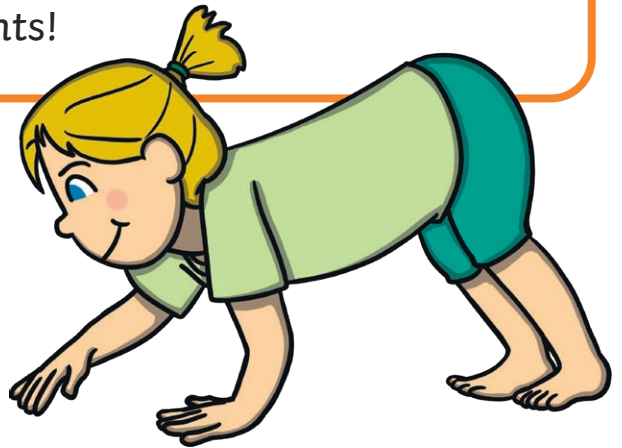
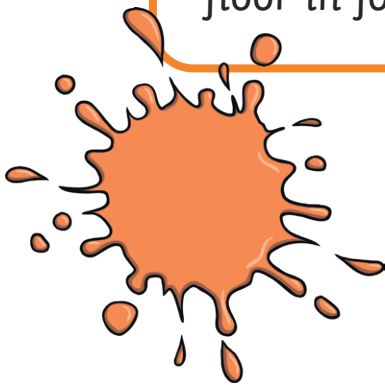


Pretend you have paint on your feet.

Try to spread the paint by jogging everywhere!

Now you have paint on your hands too!

Can you use your hands and your feet to cover the floor in footprints and handprints!



Play this game to cool down.

Walk around the space as someone calls out the different types of pasta below. Each type of pasta has a different action for you to do.

Actions

- **Spaghetti** - Stretch your arms up to make yourself as tall as possible.
- **Pasta twirls** - Spin round on the spot.
- **Lasagne** - Lie flat on the floor or stretch out as wide as possible.
- **Macaroni** - Make a circle with your hands.
- **Ravioli** - Stand back to back with a partner.

