



Friday 18 December 2020

Dear Parents,

I thought it might be helpful to inform you that we have been advised by Public Health England that there has been a confirmed case of COVID – 19 within the Reception bubble at Greenway. The small number of children who have been in close contact with the individual who has tested positive for coronavirus (COVID-19) have received a letter informing them that their child must self isolate and stay at home for 10 days.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. There is no need for immediate concern for you or your child.

I thought that it would also be helpful just to send you some general reminders about coronavirus to be read in conjunction with my letter dated 16 December 2020.

### **What to do if your child develops symptoms of coronavirus (COVID 19)**

If your child develops symptoms of coronavirus (COVID-19), you should arrange for them to have a COVID-19 test as soon as possible.

Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 if you do not have access to the internet.

If their test is negative, your child must still continue to self-isolate for the 10 day period regardless of the negative test result.

If their test is positive, they will need to self isolate for 10 days from the date when their symptoms started. All household members must self-isolate for 10 days. This includes anyone within your 'support bubble'.

The date of when symptoms started is counted as Day Zero.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

### **General COVID-19 Information**

Symptoms of coronavirus (COVID-19) are a new, continuous cough, **or** a high temperature, **or** a loss of, **or** change in, their normal sense of taste or smell (anosmia).

If you are not sure whether you or your child's symptoms suggest that they have coronavirus or an everyday cold/cough you can consult this online NHS symptom checker <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>.

For most people coronavirus (COVID-19) will be a mild illness. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

### **How to stop coronavirus (COVID-19) spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

**I do hope that you all remain safe and well over the Christmas break.**

Regards

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